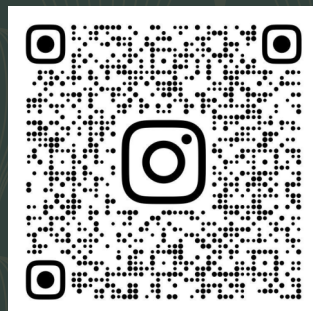


Shish Meze

Menu



© SHISHMEZEHELMSFORD

COLD APPETISERS

Green Olives (V)	5
Hummus (V, VF) Chickpeas blended with tahini, garlic, lemon juice & olive oil	7
Cacik (V) Cucumber, yogurt with fresh mint, garlic, dill, pesto & basil oil	7
Smoked Aubergine (V) Aubergine, mixed peppers & onion in homemade tomato sauce	7
Ruby Quinoa Yogurt, garlic, beetroot & quinoa	7
Baba Ganoush (V) Smoked aubergine, garlic, yogurt & tahini	7

SELECTION OF COLD APPETISERS
For 2 / 18 For 4 / 22
Hummus, Cacik, Smoked Aubergine, Baba Ganoush
Ruby Quinoa & Olives

HOT APPETISERS

Creamy Garlic Mushrooms (V) Double cream, white wine, cheddar & herbs	7.5
Sucuk Spicy beef sausage	8
Chicken Liver (Spicy option available) Mediterranean herbs, red onion, parsley & sumac	8
Falafel (V) Served on a bed of hummus	8
HFC Crispy boneless chicken wings marinated in buttermilk, coated in our signature sauce with sesame seeds	8
Filo Cheese Pastry (V) Feta cheese, red onion, dill, parsley & spinach with sweet chilli sauce	9
Grilled Halloumi (V) Grilled halloumi	9
Halloumi Fries (V) Halloumi fries served with sweet chilli sauce	9
Icli Kofte Shallot-shaped bulgur shells filled with minced lamb, onion & pine nuts, served on a bed of garlic yogurt with chili oil and parsley	10
Hummus Kavurma Lamb with buttered pine nuts served on a bed of hummus	11
Wagyu Beef Sliders (2 Pieces) Caramelised onion, melted cheese & Bang Bang sauce	11

SELECTION OF HOT APPETISERS
For 2 / 22 For 4 / 26
Filo Cheese Pastry, Halloumi, Sucuk, Crispy Calamari
& Falafel

FISH APPETISERS

Crayfish & Avocado Gem lettuce, avocado with lime juice & Marie Rose sauce	9
Crispy Tempura Prawns King prawns in a light tempura batter.	9
Crispy Calamari Served with tartare sauce and lime	10
Butterfly Prawns Butter, Dutch chillies, cherry tomatoes, garlic, parsley & white wine	11
Scallops Fresh mango sauce	11
Pan Fried Prawns Tomato sauce with cherry tomatoes, garlic & white wine	12
Octopus With roasted baby potatoes & spicy pepper sauce	12

SELECTION OF FISH APPETISERS
For 2 / 24 For 4 / 28
Crispy Tempura Prawns, Butterfly Prawns,
Crayfish & Avocado, Calamari, Octopus

Shish Meze

MAIN CHARCOAL

Served with rice & salad

Chicken Shish	22
Chicken Beyti	20
Chicken Wings	20
Adana Kofte	20
Lamb Beyti	20
Lamb Ribs	23
Special Chicken Shish	24
Lamb Shish	26
Mixed Shish	24
Mixed Kebab	28
Lamb Chops	28
Mixed on The Bone	28

SHISH SHARING PLATTER
(4-5 People) / 139
Served with cold meze selections

Chicken Shish, Lamb Shish,
Lamb Chops, Chicken Beyti, Adana,
Lamb Ribs & Chicken Wings.

YOGHURT KEBAB

Served with rice & salad

Adana Yoghurt Kebab	22
Chicken Yoghurt Kebab	24
Lamb Yoghurt Kebab	26
Chicken or Lamb Sarma Beyti Kebab	25

VEGETARIAN

Stuffed Portobello Mushroom (V) Baby spinach, halloumi & mixed peppers topped with mozzarella, served with tomato sauce and rice. (Vegan option available)	20
Vegetable Skewer (V) Combination of seasonal vegetables drizzled with tomato sauce, olive oil & sumac	20

LAND

Choban Kavurma Sauteed lamb tomato, pepper and onion.	22
Grilled Chicken Thighs Served with mashed potato, tenderstem broccoli, cherry tomatoes & gravy.	22
Chicken Asparagus Chicken breast served with sautéed baby potatoes, asparagus, portobello mushrooms & shallots in a creamy white wine sauce.	23
Wagyu Burger Half Lobster Beef burger cheese with half lobster	23
Slow-Braised Lamb Shank Slow roasted lamb shank served with firik rice and cherry sauce	24
Short Beef Ribs Mashed potato, pickled onions, roasted cherry tomatoes & gravy.	25
Anatolian Beef Sautéed sliced fillet steak with onions, peppers & cherry tomatoes, served on a bed of garlic yogurt with crispy potatoes.	28

SEAFOOD

Fillet of Sea Bass Served with mashed potato, baby vegetables & lime.	23
Salmon Served with mashed potato, baby vegetables & lime.	24
Mixed Fish Kebab Prawns, salmon & monkfish served with rice and salad.	28
Grilled Monkfish Grilled monkfish with peppers & onions, served with sautéed vegetables and salsa verde.	28
Grilled Tiger Prawns Peppers & onions, served with salad.	28

STEAKS

All steaks are served with portobello mushroom, cherry tomatoes, asparagus & chips.

Rib Eye Steak with bone marrow	37
Fillet Steak with bone marrow	39
T-bone Steak	42
Surf & Turf	59
Sauces: Peppercorn / Mushroom / Gravy	

SALADS

Avocado Salad (V) Avocado, mixed leaves, cherry tomatoes, cucumber, red onion, pomegranate & house dressing.	14
Chicken Caesar Salad Cos lettuce, parmesan, croutons & Caesar dressing.	14
Greek Salad (V) Tomatoes, cucumber, onion, olives, feta cheese & oregano.	13

PASTA

Creamy Truffle Chicken breast, portobello mushroom, truffle oil, shallots onions, parmesan & cream.	18
Spicy Prawn or Penne Pasta Prawns, cherry tomatoes, olive oil, garlic & tomato sauce.	18
Penne dello Chef Chicken, mushroom, baby spinach, cream, tomato and garlic.	17
Half Lobster Tagliatelle Fresh tagliatelle in a rich tomato sauce with onion, garlic, white wine and half a lobster.	20
Chicken Milanese Penne pasta, served with tomatoes sauce and parmesan cheese.	19

BURGERS

Served with chips

Crispy or Grilled Chicken Burger Chicken breast in a brioche bun with Bang Bang sauce, melted cheese, caramelised onions, iceberg lettuce & pickles.	18
Soft Shell Crab Burger Seved with lettuce & tomato.	19
Halloumi Burger (V) Grilled halloumi, avocado, roasted peppers, red onion, pickles & sweet chilli sauce.	16

KIDS

Served with chips

Chicken Nuggets	9
Chicken Shish	12
Mini Cheeseburgers	10
Penne Pasta in Tomato Sauce (V)	10

SIDES

Chips (V, VF)	5.5
Sweet Potato Fries (V, VF)	6.5
Rice (V)	4.5
Asparagus (V)	7
Mashed Potato (V)	5
Side Salad (V, VF)	5
Sautéed Mushrooms (V)	6
Roasted Baby Potatoes (V)	7
Creamy Baby Spinach (V)	7.5
Truffle & Parmesan Chips (V)	8
Peri-Peri Wings	9

FOOD ALLERGY NOTICE

(V) = Vegetarian (VF) = Vegan Friendly

Please inform a member of staff if you have any allergies or dietary requirements before placing your order.

Although every care is taken, we cannot guarantee that our dishes are free from allergens due to the way our food is prepared.

A discretionary service charge of 10% will be added to your bill.